

POST OP DIRECTIONS

Root Canal/ Endodontic Procedure

AFTER YOUR PROCEDURE

PLEASE AVOID EATING UNTIL THE NUMBNESS IN YOUR MOUTH WEARS OFF. THIS WILL PREVENT YOU FROM BITING YOUR CHEEK OR TONGUE. FEEL FREE TO ENJOY A PROTEIN SHAKE OR MILKSHAKE UNTIL THEN.



BRUSHING

BE SURE TO BRUSH GENTLY AROUND THE TREATED AREA. AVOID ANY FLOSSING UNTIL THE TOOTH HAS BEEN RESTORED BY YOUR GENERAL DENTIST.

DISCOMFORT

IT IS NORMAL TO FEEL SENSITIVITY, TENDERNESS, SORENESS, AND DISCOMFORT THAT MAY LAST UP TO ONE WEEK. IF ANY DISCOMFORT PERSISTS AFTER TWO WEEKS, CALL YOUR ENDODONTIST RIGHT AWAY.

DIET

NO CRUNCHY OR STICKY FOODS SUCH AS POCORN, PRETZELS, CHIPS, GUM, TAFFY, ETC, ON THE TREATED TOOTH. DO NOT CHEW OR BITE ON THE TREATED TOOTH UNTIL YOU HAVE HAD IT RESTORED BY YOUR GENERAL DENTIST.

RESTORATION

IF THE OPENING OF YOUR TOOTH WAS RESTORED WITH A TEMPORARY FILLING, IT IS NOT UNUSUAL FOR A THIN LAYER TO WEAR OFF IN BETWEEN APPOINTMENTS. BUT IF YOU THINK THE ENTIRE FILLING HAS COME OUT, CALL YOUR ENDODONTIST RIGHT AWAY.

CALL RIGHT AWAY



... IF YOU DEVELOP VISIBLE SWELLING INSIDE OR OUTSIDE OF YOUR MOUTH OR CHEEK

...IF YOU HAVE AN ALLERGIC REACTION TO MEDICATION, INCLUDING A RASH, HIVES OR ITCHING (NAUSEA IS NOT AN ALLERGIC REACTION)

...IF YOUR ORIGINAL SYMPTOMS RETURN OR YOUR BITE FEELS UNEVEN

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